

Annual report 2022





Kufambatose Foundation
Progressing together

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Colophon

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1. Preface

In 2022 another big step was taken in the development of the project Kufambatose. Thanks to the addition of Deborah Ncube as Project Officer of the local Trust Kufamba Tose the road to independence has come a little bit closer. However, honesty demands to admit that a completely independent Trust Kufamba Tose in Zimbabwe that can function financially independent from us as a Foundation, is still a distant goal. But it is to be expected that in two years' time the local trust will have become independent in their operational work to such an extent that they will be able to independently contact other (international) organizations and not depend on a 1-donor organization anymore.

Circumstances in Zimbabwe are poor, at economic, social, and political level.

Therefore, we have a lot of respect and growing appreciation for the enthusiastic commitment of our local project coordinator Samson Mazivavose and his team. They are really driven to improve the quality of life of the children with motor disabilities and their caregivers and communities in the district of Zaka. They have a lot of challenges to overcome. We will support them as long as possible in their ideals, for the benefit of the children!

Sadly, we had to part with 5 children in the project this year. They died due to illness, combined with bad or overdue care.

Also, in 2022 we contributed with our work to the worldwide goals for sustainable development, set by the United Nations in 2015.



The Sustainable Development Goals (SDG) that we worked on this year are:

1. No poverty: against malnourishment, reduce child mortality, income generating projects, awareness programs, inclusion.

2. No hunger: income generating projects. Distribution of maize seeds in cooperation with Miracle Mission.
3. Good health and wellbeing: workshops / neuromuscular clinics, support groups, inclusive education, inclusive community integration.
4. Quality education: inclusive education, special needs education, school visits.
5. Gender equality: empowerment of women and girls, information on abuse.
8. Fair work and economic growth: income generating projects.
10. Reducing inequalities: community awareness of disabilities, inclusive education, integration into the community.
17. Partnerships to reach goals: capacity building of the local Trust and of the target group.

In 2022 it was possible to visit the project again. Furthermore, 2022 was marked by the increase of home visits and support groups and the expansion of the income generating chicken and goats project.

Thanks to the large donation by some funds, we have been able to secure our budget until the end of 2022 and into 2023.

In chapter 3 'Project 2022' you will find last year's results. This time broken down into the results of Kufambatose Foundation in The Netherlands and our partner organization Trust Kufamba Tose in Zimbabwe.

Kufambatose Foundation - Progressing together - has been established with the aim of improving the quality of life and care for children with motor disabilities and their families in the district of Zaka, Zimbabwe.

To this end, our project coordinator Willemijn Simons-Rüttimann already set up a project in 2015-2016, which we, the Kufambatose Foundation, have adopted as a whole, to be able to perpetuate and expand that project.

Willemijn worked for almost 3 years as a physiotherapist at Musiso Mission Hospital and in collaboration with Ndanga District Hospital, in Zaka District, Masvingo Province, Zimbabwe. She was sent with her partner by Comundo, a Swiss NGO in the field of development cooperation. She now lives and works in Switzerland again.

On March 7, 2018, the Stichting Kufambatose - Samen op Pad -was founded. The name of the organization translates to Kufambatose Foundation – Progressing together -for international usage. We have worked hard to set up a small but powerful organization, in

accordance with the rules and standards applicable to foundations. This was successful. We have been granted the ANBI ordination and we meet all conditions to keep it. Our board is stable and competent and is supported by enthusiastic volunteers.

In this annual report you can read what we did in 2022, with what project we were -and still are- active in 2022, what the results are, and how we spent the money received. The financial statements can be found at the back of this annual report.

We thank all our donors, our families and friends for the support we have received over the past year.

The Board of the Kufambatose Foundation

Anne-Miek Simons, chairman

Corita Boons, secretary

Monique Luttkhuis, treasurer

Willemijn Simons-Rüttiman, project coordinator

Marcel Boosten, general board member



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2. Organization

Objective

The main goal of the Kufambatose Foundation is to improve the quality of life and care for children with motor disabilities and their families in Zaka District, Zimbabwe, by working with local health care professionals embedded in local organizations and communities.

Vision

The name of the foundation, Kufambatose, which means “Progressing together” in English, has been developed in collaboration and expresses the vision from which the foundation wants to work.

Volunteers from the foundation here and in Switzerland as well as the people on the spot in Zimbabwe (professionals and possible volunteers) and the children with their parents all work together to support children with a motor handicap in the Zaka district and to achieve our goals.

Mission

The goal is that ongoing projects can be carried out by the local authorities, the healthcare professionals and the local population completely independently. This to make external support no longer necessary. Leading in this is the individuality and culture of Zimbabwe. This is the basis to achieve lasting and widely supported results.

Optimal use of the possibilities on site is essential. Increasing knowledge and skills among local healthcare professionals, volunteers, parents / carers of the children and the local population is of utmost importance. With this, they can jointly improve the care and living conditions for children with a motor disability as well as promote the understanding and acceptance within the community. Local networks and contact with local and national authorities are essential in this. In the long term, this care will hopefully be fully funded by these governments or other agencies in Zimbabwe.

Method

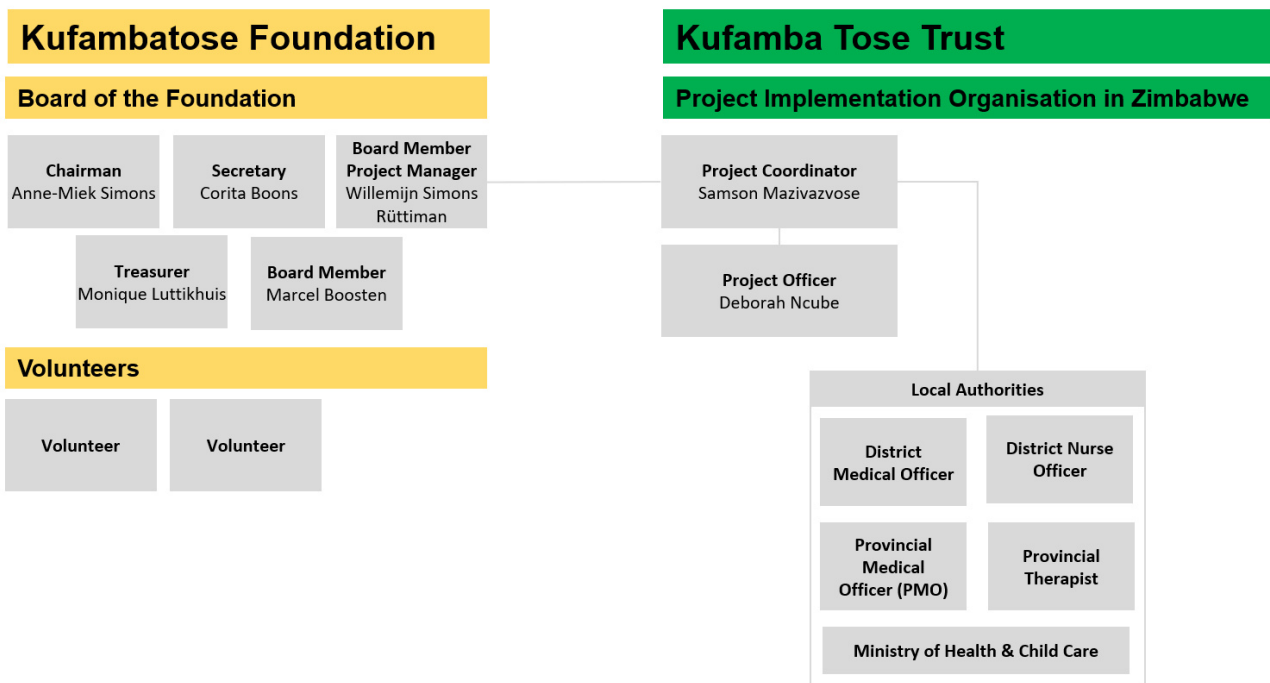
The foundation cannot exist, achieve its objectives, or initiate facilities if there are no, or insufficient funds available. Raising funds and donations is therefore critical.

The primary aim during this planning period is to gain such awareness among potential donors and subsidizers that a cooperation is established that can create a stronger base for the foundation’s objectives. Possibly with commitments and agreements for several years.

In 2022 we managed to acquire the necessary funding via funds and private donations for both the year 2022, and partly for 2023.

Board and volunteers

The board consists of five members: a chairman, a treasurer, and secretary, and two general board members. All board members work pro bono for the Foundation. Foundation Kufambatose cooperates with Kufamba Tose Trust, established in Zimbabwe, which carries out the projects and maintains relationships with local authorities.





3. Project 2022

Project Rehabilitation care for children with motor disabilities in Zaka District, Masvingo Province, Zimbabwe.

Problem definition

Children in Zimbabwe with a motor handicap often live with their families in very poor conditions, especially in the rural areas of Zimbabwe. Insight into the underlying cause of the disability is often absent. Knowledge about the development opportunities and rights of these children, such as access to education, is usually lacking.

Moreover, having a disability often comes with a stigma: it is often thought that an evil spirit has taken possession of these children, or that they have been bewitched by one of the ancestors. As a result, mothers are often left alone with the child, or the child is simply left with the grandmother. This makes these children outsiders, isolated from their living and residential communities.

For many of these families with children with disabilities, medical, paramedical and / or social care is not or hardly accessible. The distance to a health center or a hospital is a major limiting factor, especially if transport costs are involved. Therefore, most of these children have never been seen by a healthcare provider.

Target audience

Children with primary motor disabilities and their parents.





Activities

- Supporting and guiding the monthly three-day workshops and community-based rehabilitation (rehabilitation involving the community) for children with motor disabilities and their caregivers in Zaka District, Zimbabwe. With this a holistic treatment program is offered.
- Support and monitoring of support groups. Groups of children gather with their parents / care givers in the Rural Area a few times per year, at the home of one of the children.
- Support and monitoring of home visits to children with motor disabilities.
- Facilitating Income Generating projects for the improvement of the economic situation of the families
- Early identification of children at risk of developing disabilities in Zaka District through implementation of the so-called AT-RISK sticker program.
- Training of healthcare professionals on the spot, such as The Rehab Technician/ therapists and the Village Health Workers (VHW).
- Raising awareness in the region through the presence of village heads and counsellors during the support group meetings, providing information by the Village Health Workers in the region and the nurses in the clinics, providing information to teachers at schools, and participating or co-organizing of the annual World Disabled Day on third of December, established by the United Nations, and thus to increase the knowledge and the rights of people with a disability among the local population and care givers.
- The treatment team consists of 4 local professional care providers (Rehab Technicians). Furthermore, VHWs (Village Health Workers) and Child Community Workers (CCWs) are trained to follow and support families in the home situation and in the communities.

Results - Forms of collaboration in 2022

In The Netherlands:

- With Wilde Ganzen an agreement was concluded for one year. This generated financial support for 2021-2022, with a possible extension period in 2023. We had several personal contact moments regarding the progress and support of the project.
- Membership of Partin.
 - Partin is a Dutch social branch organization (umbrella organization) which supports the interests of Private Initiatives (PIs) in the field of development cooperation.



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- Through this membership of Partin, we encountered other Private Initiatives, and we can further educate ourselves through webinars, regularly organized by Partin, with the aim of continuing to professionalize our foundation Kufambatose. In October 2022, a number of board members followed a webinar on capacity building aimed at the support of the skills and competences of the local partner organization (in our case Trust Kufamba Tose).
- On the Kleine Goede Doelen website, a Partin initiative, a story of our Kufambatose project can be found.
- On 3 December 2022, a meeting day was visited, where several new contacts were established. Information on fund-raising was shared, and there was a lecture on Brilliant Failures: a part of the project is allowed to fail, if only you analyze the failure afterwards and thus learn lessons from it.
- Membership Platform Zimbabwe
 - This Platform aims to connecting Dutch Private Initiatives (Nederlandse Particuliere Initiatieven, PIs) that are active in Zimbabwe. Sharing knowledge and experience is of importance.
 - On 29 October 2022, the entire board visited the annual Zimbabwe Platform Day. Once more, there were pleasant meetings and exchanges of experience. Backgrounds of the political and social developments in Zimbabwe were discussed, we presented our project and there was a Zimbabwean musical / cultural activity.
- Contact was maintained with Lilianefonds / MIVA. The Rehab department of Ndanga Hospital, from where, among other things, workshops of our project were organized, was directly supported by them in 2022, as Partner Organization (PO). The Community Based Rehabilitation (CBR) was also supported in this way.



In Zimbabwe:

- *Trust:* In 2022, further development of the local *Trust Kufamba Tose* was in progress. The board consists of local people. As from 1 January 2022, Deborah Ncube supports the Trust in the administrative field, as Project Officer. She is the mother of a child with a disability, who was forced to move from Zaka District, some years ago. We managed to bring her back to Zaka. In Harare, she gained a lot of experience as an assistant of a parent organization for disabled children. She is willing to commit herself to the children and mothers in Zaka and work for the Trust.
 - The Trust maintains close contact with VHW (Village Health Workers), Social Welfare organization, the DMO (District Medical Officer), the DNO (District Nurse officer), schools, and Cure Hospital in Bulawayo.
 - The Trust has connected with FODPZ (Federation of Disabled Persons of Zimbabwe) and with NASCOH (National Association for the Care of the Handicapped), and The Beit Trust Representative. The Trust expects to become a member of these organizations in 2023.
 - There emerged a collaboration with Miracle Mission, a local organization. They organize among other things operations for children with hydrocephaly. Some children of the project are on the waiting list for this.
- In addition, the Trust received and distributed 80 4kg bags of maize seed.



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- The collaboration between LCD and Lilianefonds was terminated in March 2022. Trust Kufamba Tose remained a PO (partner organization) of Lilianefonds, so that financial support for CBR (Community Based Rehabilitation) was ensured.
- Contact Local Project Leader: Kufambatose Foundation maintains close contact with the local project coordinator Samson Mazivazvose, via WhatsApp messages, emails, and phone calls. Apart from that he sends a monthly progress update. Samson Mazivazvose turned out to be very creative and inventive in finding ways to deal with Corona restrictions and how to work around those restrictions.
- Contact Local Project Officer: close contact was kept with Deborah Ncube as well, via WhatsApp, emails, and phone calls. She partly also provides the necessary reports.
- There are monthly meetings with met Deborah, Samson and WillemijnSimons-Rüttimann.

Results – Project Activities

In The Netherlands:

PR:

- In July, a newsletter was distributed among interested parties, donors, and potential donors. In December 2022, a newsletter with a short info on the project development and a Christmas Greeting
- *Website:* here the annual report and annual accounts were published. Donations come in through the donate button on a regular basis.
- *Facebook:* A new Facebook page is under development, from Zimbabwe.
- *Presentations:* we gave a presentation of the project during a webinar of Care For People With Disabilities Worldwide in cooperation with Partin and Wilde Ganzen, at Platform Zimbabwe, at Willemijn Simons-Rüttemann's work place, at a themed lunch of the Jonge Kerk in Roermond, and at Isala Wereldbreed in Zwolle.

Finance:

- *Donations:* donations were obtained from some major funds, from private persons and some minor organizations. Hereby the financial cover is guaranteed until almost the end of 2023. With the help of a restricted donation from Lionsclub Son en Breugel, a foot prosthesis could be fitted for a child with a seriously burnt foot. And a specially adapted wheelchair could be made for a seven-year-old boy.

- With the help of a restricted donation from Isala Wereldbreed, the VHW training could be organized.
- *Cash in US dollars to Zimbabwe:* In 2022, we transferred money via World Remit on a weekly basis to the local project coordinator Samson Mazivavose, also for the purpose of covering the project cost. This could be withdrawn in cash, in USD.
- In 2022, we were able to donate a second-hand car to be able to visit the support groups with several members of the trust. These groups meet faraway in the bush, where the roads are very bad, especially in the rainy seasons.



Project visits:

- In February / March 2022, project visits were possible again. Willemijn Simons-Rüttimann evaluated project developments with the local teams, visited families at their homes and some support groups at someone's place, far away in the bush.
- Main objective: onboarding Deborah Ncube, Project Officer
- We registered clear significant *progress in the development of the children*. Communication between the rehab Technician and the children and mothers was fine.



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- We also contacted important local supporters of the project, such as the DMO (District Medical Officer), the Matron of Musiso Hospital, Social Welfare in Jerera, and several village heads.
- A visit to Cure Hospital in Bulawayo, to discuss the cooperation with the Trust.
- A visit to King George school Bulawayo, a boarding school for children with a physical disability, which one of our children attends.

In Zimbabwe:

In 2022, The Trust Kufamba Tose has taken a big step towards independence:

- Administrative: A Log Frame was made, in which goals were set and ways to achieve them. A Sustainability Plan was drawn up, as well as a five-year plan, and connection was sought with other national organizations for the disabled.
 - Monthly reports were provided on the month's activities, as well as the planning for the following month.
 - Pay-ins and pay-outs were reported to us monthly.
 - Evaluation data for reporting were submitted to Wilde Ganzen.
- UNICEF and Plan International were contacted for research of available funds.
- 17 children were seen / treated at Cure Hospital / rehabilitation center Bulawayo.
- *Workshops:* neuromuscular clinics: clinics at the hospital were possible on a limited scale. In the end, 8 Neuromuscular Clinics could be held in Musiso Hospital. As Ndanga Hospital was equipped to receive COVID patients, no clinics could be held there anymore.
- *House calls:* The house calls that started in 2021 were continued in 2022. The results: a better view of the home situations, improved visibility in the communities and more attention from village and district heads. It was decided that these house calls should be continued in the future, as well as the workshops at the hospital. Transport for these house calls is mainly carried out by means of a motorbike, acquired in 2020.
- *Support groups:* The support groups that were started in 2021 have been continued as well. These groups meet as a group at the house of one of the parents and are regularly visited by the Rehab team. Each group was visited two times at least, with a total of 20 visits to 8 support groups in 2022. In these groups about 77 children were given treatment.
- In six support groups six Village Heads were involved.
- *Clubfoot clinics:* In 2022, eight children with clubfeet were treated, two of whom concluded treatment.



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- *VHW training day:* in 2022, three VHW (Village Health Work) training days were held. Subjects were addressed such as information on kinds of handicaps, early detection, and referral of children with various handicaps. Attendance: 42 VHW, 1 DNO (district nurse officer), 1 clinic nurse, 1 administrator.



Award Ceremony after VHW training

- *School visits:* In 2022, regional schools were visited. Ten children in the project attend school.
- *Income generating:* as 'give forwards' project. At this moment there are 29 income generating projects: 12 with chickens, 15 with goats, and 2 with pigs. This was also supported by the CBR program and financed by Lilianefonds.
- *World Disability Day:* this annual day was proclaimed by the United Nations. On 3 December 2022, the Trust was co-organizer. A group of children and parents were involved. It was a big meeting. The aim was to draw attention to human rights and equal opportunities for people with a disability.
- Food parcels were distributed again to all the families in the project. And in October / November, the sowing season in Zimbabwe, a bag of maize seed was handed out. This year 80 4kg bags of maize seed were donated by Miracle mission.

- *Activities in figures:*
- Consultations in Cure hospital, Bulawayo in 2022: 4 visits, with 17 consultations.
- Number of CP workshops/neuromuscular clinics in 2022: 8
- House calls: 76 in 2022
- Support groups: 8. A total of 77 children. Number of visits: 20, so each group was visited at least twice.
- Clubfoot children 2022: 10, of which 2 concluded at this moment.
- School visits: 16
- Number of children attending school: 10
- Income Generating: 15 families received goats, 2 families received a pig, 12 families received chickens / goslings.
- 5 children left the project, 2 of which with a completed treatment of a clubfoot.
- Sadly, 5 children in the project died.
- Medical aid equipment: 4 children were supplied with a wheelchair; other children were handed out crutches and walking frames.
- VHW training: 3 VHW training courses in which 42 VHWs were trained: 1 DNO (district nurse officer), 1 clinic nurse, 1 administrator.
- Village heads involved: 6 in 6 support groups.
- **Total number of child contacts in the program: 212.**



Project costs

See *chapter 5. Financial accountability*

4. Public Relations

The Kufambatose Foundation focuses its information activities on all organizations and people interested in the project. Both PR and information are provided via our website and newsletter. The newsletter has been sent to a wide group of interested parties. In 2019, a brochure was developed, which is handed out and distributed when possible.

In 2022, several presentations were given on the project.



5. Financial accountability

Subject: annual financial report 2022

Financial year: 2022 (all amounts in euros)

Assets	BALANCE 31-12-2022		Liabilities
Cash	0	Reserve payment guarantee	1,502
Bank	59,620	Reserve fees	19,942
		Operating funds	38,176
	<u>59,620</u>		<u>59,620</u>

INCOME STATEMENT

Proceeds	Restricted donations: Medical devices and VHW training:	1,645	
	Donations and Gifts	10,933	
		-----	12,578
Costs	Project costs	38,021	
	General costs	10,857	
		-----	48,878
Difference between proceeds and costs			-36,300

General

This is the fifth annual financial report of the foundation and the fourth for a full financial year: 01-01-2022 / 31-12-2022. As a result, it gives a good indication of the financial progress and the results for 2022.



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Income

Revenues in 2022 mainly came in as non-restricted donations from individuals and organizations who support the work of the foundation. These amounted to € 10,933 (2021: € 50,313). In addition, restricted donations (€ 1,645) were received for medical devices and VHW training. Cynthia. In total, € 12,578 in donations was received in 2022 (2021: € 53,358).

Overheads

The foundation spent € 1,851 on management costs for the foundation. These funds were spent on ICT costs (€ 602), bank costs (€ 422), membership Partin (€72) and an amount for all kinds of small costs and exchange differences.

In this entry the amount of €9,000 is included, which has been deposited into a savings account as a reserve.

Project costs

These are the expenses (€38,021) for which the Foundation was established: facilitating the implementation of the project (see elsewhere in the annual report and on the website). It was mainly spent on costs for transport, food, and subsidies for the local project staff.

For Deborah Ncube, new project officer / administrator in Zimbabwe per 1 January 2022, €1,148 was invested in a notebook and printer, for her work in 2022. Next to that, office furniture was bought (€461) and an investment was made in a camera (€788). Furthermore, €4,929 was spent on transport costs for the car and motorbike. Also, in 2022 a project trip was made by one board member. Costs: €1,916.

Total costs

The total costs of the Foundation were: € 48,878.

The Foundation closed the year with a negative balance (Available financing - / - Expenses) of € 36,300.

To continue the project beyond 2023, the Foundation hopes to find new sponsors and donors after 2023. In addition, we encourage the local authorities and the local population to gradually take over a larger share of the funding. One means of this was to set up a local Trust, de Trust Kufamba Tose. Deborah Ncube played a supporting role on the spot and will continue to do so in 2023.

In this way, the Foundation will create opportunities to start other initiatives, so that the care for people with a disability can become broader and better anchored in the Ndanga district and perhaps beyond.

Balance

as at 31-12-2022 Assets (cash and cash equivalents) = € 59,620; of which, € 19,942 has been designated as a reserve and € 1,502 as a guarantee for bank transactions. In the working capital of €38,176, €1,645 is a restricted donation for VHW training. Next to that, it is mainly intended for foundation and project costs (€ 37,036 in 2023 and partly for 2024).

The board members do not receive any remuneration for their activities. They do receive a compensation for their expenses. Often these expenses are not claimed or donated as a gift. The expenses for project visits are accounted for under target spent setting (board trips to projects). The foundation does not employ any workers.

The annual financial account 2022 shows we have been able to effectively spend more than 95% of all the donations received to the goal of the project.



6. Looking forward to 2023

Nothing changes in terms of policy. The policy plan that was created at the time of the foundation's establishment will remain in effect and has been updated.

Short-term goals:

Kufambatose Foundation:

- Until almost the end of 2023, there is sufficient sponsorship money to continue the treatment of the current number of children.
- We will be looking for new sponsors / funds, both the Foundation here in The Netherlands and the Trust in Zimbabwe.
- The collaboration with Wilde Ganzen will be continued. A new application for support will be submitted.
- The collaboration with Deborah Ncube as Project Officer will be continued. This will enable further development to professionalism.

Trust Kufamba Tose:

- The workshops / neuromuscular clinics will be held bi-monthly.
- Due to its success, the house calls and treatments in small support groups will be continued.
- In 2023 too, the trust will try to train VHWs (Village Health Workers), by offering a training day.
- The Trust will set up a budget, in collaboration with the Foundation.
- The Trust will evaluate the Log Frame 2022, in which the goals are set and the ways to achieve them.
- The Trust will keep looking for local donors.
- A training for capacity building is planned for 2023.
- The Trust will maintain contact with relevant government departments, namely the Department of Social Welfare, the Ministry of Health and Child Care, and the Ministry of Primary and Secondary Education.

For the long term, attention extends to:

- Cooperation with Lilianefonds and MIVA will be continued.
- Cooperation with Wilde Ganzen will be continued.
- Research into the possibilities to get US dollars into Zimbabwe, through a new Nostra Account of trust Kufamba Tose.



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- The publication of a Newsletter (2x), with current information.

Exit Strategy:

In five years' time, Trust Kufamba Tose will be able to function independently, which means monitoring reports independently, performing its financial administration, make an annual report, draft its annual financial statement, formulate and evaluate its own project plan and contact donors, independently.

Over five years, Kufambatose Foundation will be just one of the donors.

Trust:

- Developing its own / independent (financial) possibilities in Zimbabwe.
- A new application has been submitted for support of the Community Based Rehabilitation by trust Kufamba Tose, and already approved. This will run through the SPO (Strategic Partner Organization) of the Liliane Fonds in Zimbabwe, JF Kapnek.
- Training of the Rehabilitation staff
- Continue research into the possibilities of a Rehab Village / multifunctional training center. This should be a location where workshops can take place, where parents, VHWs and other people can be informed, with a customized playground for disabled children, a place where parents / peers can meet, a place that may offer the possibility for a vegetable garden, etc.
- The Trust is trying to connect with other international organizations, such as UNICEF and Plan International for financing.

A project visit is scheduled for April 2023.