

Projectplan 2023 – 2024 - 2025

Stichting Kufambatose – Samen op Pad

Project: *Revalidatiezorg voor kinderen met een motorische handicap in het district Zaka, provincie Masvingo, Zimbabwe.*

Organisatie:

Stichting Kufambatose

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Rekeningnummer: NL 14 TRIO 0379 2082 88

KvK-nummer: 71083871

Fiscaal nummer: 8585.72.904

Kosten voor het project: € 39.000 per jaar

Financieringstekort: € 39.000 per jaar vanaf 2024



Inleiding

We zijn heel trots dit jaar een projectplan te kunnen presenteren gemaakt door de lokale Trust Kufamba Tose in Zimbabwe.

Hierin staat beschreven:

- De doelstelling van de Trust
- De financiering van het project
- De visie van de Trust
- De achtergrond van het project
- Het doel van het project
- Het verwachte resultaat
- De projectactiviteiten
- De project doelen voor 2023
- De resultaten van het afgelopen jaar 2022
- Informatie over een duurzaamheidsplan
- Een controle en evaluatieplan
- Een werkplan voor 2023.

De afgelopen jaren hebben we als Stichting Kufambatose geïnvesteerd in het toewerken naar verzelfstandiging van het project:

- er is een lokale Trust opgericht,
- er is gewerkt aan verbetering van de kwaliteit van de revalidatieassistenten/therapeuten,
- er is gewerkt aan toename van de managementkwaliteiten van de Trust,
- er is gewerkt aan het stimuleren van zelfstandig zoeken naar financiële middelen.

Dat laatste is in een land met grote armoede en een corrupt regime een van de grootste uitdagingen. Vooralsnog is de Trust financieel nog volledig afhankelijk van onze Stichting.

Exit strategie:

Over 5 jaar kan de Trust Kufamba Tose zelfstandig functioneren, dat wil zeggen volledig zelfstandig alle benodigde rapportages bijhouden, een eigen financiële administratie voeren, een eigen jaarverslag en jaarrekening opstellen, een eigen projectplan opstellen en evalueren, zelfstandig donoren benaderen,

Over 5 jaar zal Stichting Kufambatose slechts één van de donoren zijn.

Financiën:

Een begroting 2023 en een dekkingsplan 2023-2025 van Stichting Kufambatose wordt separaat toegevoegd.

KUFAMBATOSE TRUST PROJECT PROPOSAL 2023

BACKGROUND OF THE TRUST

Kufamba Tose is a registered Trust in Zimbabwe Reg/No MA 1827/2020. which provides neuromuscular stimulation of children with disabilities through various strategies such as play and rehabilitation interventions for children with motor disabilities and their caregivers in Zaka district of Masvingo province in Zimbabwe.

Kufamba Tose consists of three rehabilitation technicians, administrator and a Coordinator Samson Mazivavose.

FUNDING

Kufamba Tose Trust relies on Financial support from its mother body, Kufambatose Foundation, based in the Netherlands which comprises of a board and the project coordinator Willemijn Simmons Ruttimann. However due to economic challenges in Zimbabwe there is need to source for more funding from various donors.

VISION OF THE TRUST

The vision of the trust is to develop the trust into an independent and established organization in Zimbabwe through partnership and networking with local and international organizations in the disability sector. This to ensure the assistance we are providing to the children with motor disabilities in Zaka will last a long way.

In the long term the trust has a vision to build a rehabilitation village housing all services for children with disabilities in Zaka District. The village will have a rehabilitation department, conference facilities for workshops, a doctor on call, inclusive recreational facilities as well as infrastructure for income generating projects for children with disabilities and their caregivers. As a step towards realizing that vision the project team has already engaged the Zaka district council to source for land to build the village. At the moment the project activities are taking place at local health facilities and this has proved to be a challenge as the hospital wards are sometimes over- crowded and the hospital is unable to accommodate children with disabilities and their caregivers. There is need to create a safe space that is inclusive and accessible to children with various forms of disabilities.

BACKGROUND OF THE PROBLEM

It is estimated that around 600 00 children in Zimbabwe have some form of disability. Only a few are registered in the health centers and seen in the Rehabilitation Departments.

Children with disabilities and their families in Zimbabwe are often living under very poor conditions especially in the rural areas. Understanding of the underlying cause of the disability is mainly poor and knowledge about the possibilities and the rights of these children are often lacking. Regularly these children are seen as a bad spirit or bewitched. The mothers are often left alone with the child or the child is left to live with the grandparents. This makes them outsiders and totally isolated from the community.

Access to a health center or a hospital is limited because of distance and transport costs. Therefore, the majority of these children are never seen by a health care professional.

To address the problem, Willemijn Simmons Ruttimann started a project to improve the quality of care of children with disabilities in Zaka District in Zimbabwe in 2016.

PURPOSE OF THE PROJECT

Children with disabilities are able to access health care services, improved social inclusion and economic development for children with disabilities and their families

OVERALL GOAL OF THE PROJECT

Improved quality of life for children with motor disabilities and their families in Zaka District

PROJECT OBJECTIVES

The project aims to:

- Create a higher standard of care for children with disabilities in Zaka
- To reach a better social and economic development for children with disabilities and their families in Zaka District
- To create a better awareness of disability issues in health workers and the communities

EXPECTED OUTCOME

- Increase in the number of children with disabilities in Zaka attending rehabilitation services at local health facilities
- Health care workers in Zaka have improved knowledge on disability inclusion
- Increase in the number of children with disabilities in Zaka in mainstream schools
- Children with disabilities in Zaka are included in communities and are aware of their rights
- Parents of children with disabilities in Zaka have knowledge on basic physiotherapy and are attending rehabilitation programs
- Parents of children with disabilities in Zaka are empowered economically

PROJECT ACTIVITIES

Kufamba Tose Trust provides neuromuscular stimulation during monthly three-day neuro muscular clinics, assessments , diagnosis and home therapies for children with delayed milestones, group therapy through facilitation of support groups during monthly meetings. Initially children who are identified in communities attend neuro muscular clinics for 3 days every month. Once they start showing improvements they are discharged and will be monitored through monthly support group visits to pave way for new beneficiaries.

The Trust also provides psychosocial support through the formation and training of parent-to-parent support groups, peer to peer as well as professional counselling services, provision of income generating projects, school visits , referrals for placements in schools for children with disabilities and trainings/ workshops on various issues that concern families of children with disabilities.

The Trust trains primary health nurses, village health workers ,case care workers, traditional and all community leadership on disability inclusion, identification and referral of children with disabilities. It also raises awareness on disability inclusion and the rights of children with disabilities in communities in Zaka district.

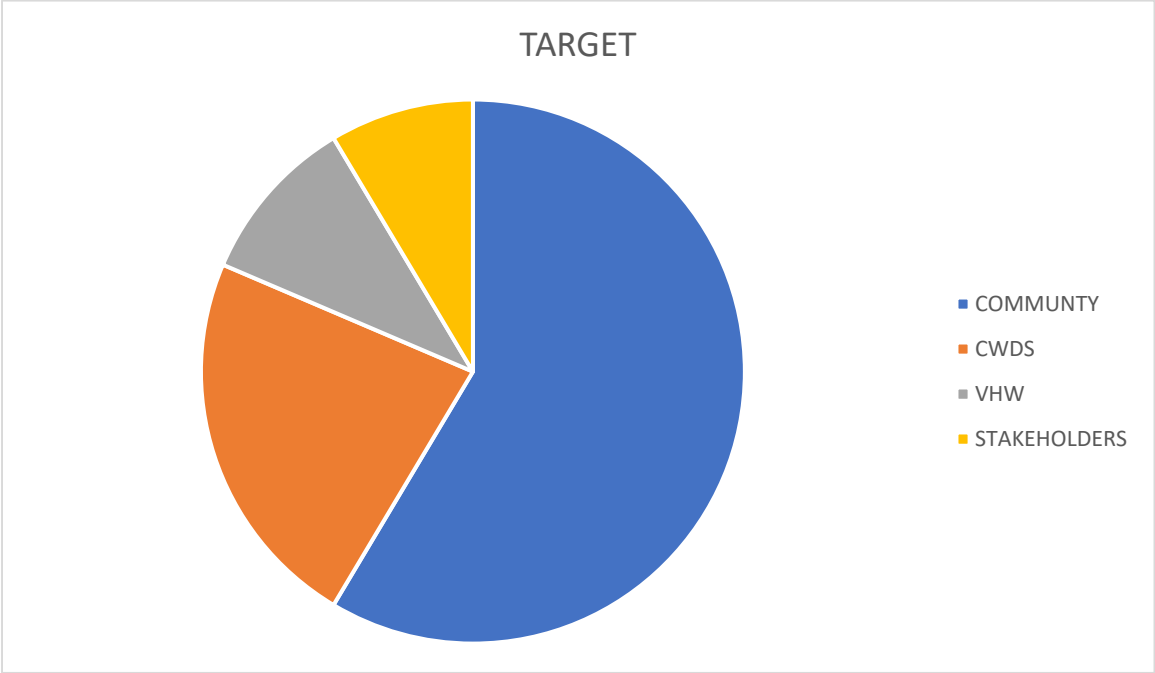
In addition, the Trust operates hand in glove with various stakeholders like the Ministry of Health and Child Care, Ministry of Labor and Social Welfare and The Ministry of Primary and Secondary Education.

AREA OF OPERATION

The Trust operates in all the thirty-two (32) wards of Zaka District in Masvingo Province in Zimbabwe with its offices centralized in Jerera Growth Point in Zaka.

TARGET

The project targets all children with motor disabilities in Zaka district. It also targets caregivers of children with motor disabilities as well as their communities. The project aims to reach one hundred (100) children with motor disabilities in hard-to-reach areas in Zaka in 2023 as well as their caregivers. In addition, the project will target community cadres as well as various stakeholders through trainings, engagements and awareness campaigns. The chart below demonstrates intended reach in 2023.



Community 65%

CWDS 20%

VHW 8%

Stakeholders 7%

ACHIEVEMENTS

The project has managed at least one neuro muscular clinic per month for the past five years.

Eight support groups have been formed and are functional. The project team has at least two support groups visits every month and home visits as well.

The project has managed to train 46 village health workers in Zaka district from four(4) clinics. Overall, there are twenty-six (26) clinics in the districts and the project aims to train Village Health Workers from all the clinics. The Village Health Workers will identify children with disabilities who are going to need assessments in 2023 and be part of the project beneficiaries.

Twenty children with disabilities have been discharged from the program and are now in mainstream schools.

Kufamba Tose Trust has formed a partnership with Cure Hospital in Bulawayo where children in need of specialized services are sent for treatment and operations. Thus, the project team plans for these visits when there is a need or when there are children booked for operations.

At least twenty-eight(28) families have benefited from livelihood projects. Fifteen(15) families have received goats for rearing and one (1) has benefited from a piggery project whilst 12 families have received poultry projects. This helps the families to have income to buy medication for their children if they need it, provide the children’s basic needs and also contribute partly to transport costs when they need to travel to health facilities with their children with disabilities. Unfortunately, there is still a large number of beneficiaries in need of livelihood projects but due to limited resources the Trust is able to provide to just a small number at a time targeting the most vulnerable families.

Families of children with disabilities in the project were supplied with maize seed in 2022 which was donated by Miracle Mission, a faith-based organization in Zimbabwe. Maize is a staple food in Zimbabwe. The seed is meant to cushion the family from hunger if they manage to have a good harvest in the 2022/2023 farming season. However, this is going to depend on whether there are enough rains in the region.

The project also provides assistive devices for children in need, for example wheelchairs, crutches and walking frames.

The project managed to acquire a project vehicle through financial support from Kufambatose Foundation. The vehicle will be used for the Community Based Rehabilitation programs. These include support group visits, school visits and home visits by the project team. The vehicle will ensure children with disabilities in hard-to-reach areas as well as their communities will also benefit from the project especially during the rainy season when some roads become inaccessible. The Trust is grateful to the foundation for procuring the vehicle.

SOME ACTIVITIES IN 2022 IN PICTURE



i & ii) VHW Training at Chiredzana and Zibhowa clinics iii) Neuromuscular clinic



iv) Neuromuscular clinic v) Support group visit vi) Home visit

SUSTAINABILITY PLAN

The project trains caregivers on basic physiotherapy. They are given home programs which they continue to administer to their children with disabilities at home and only come back for review after one or two months.

In addition, the caregivers are given as much information as possible about their child’s condition. Thus, they are also able to assist other caregivers with similar conditions and refer them to the Trust or Rehabilitation centers.

The trust partners with relevant line ministries in all programs to ensure continuity if and when the project ends. The Trust is merely complimenting government efforts by providing

resources and expertise where there is a shortage of resources. Relevant ministries like the Department of Social Welfare, Ministry of Health and Child Care and the Ministry of Primary and Secondary Education will continue to ensure provision of services for children with disabilities.

The Trust started to have capacity building workshops for the trust in order for it to be more independent and be able to source for funding from other donors. In 2023 a training on financial management is planned as the Trust will be doing their own financials.

MONITORING AND EVALUATION PLAN

- The project team will evaluate outcomes and needs of the project on a half yearly basis
- Submission of activity reports to the Project Coordinator
- Log book and treatment plans are kept to monitor the development of project beneficiaries
- Monthly virtual planning and feedback meetings by the project team
- Development of Activity plans and Activity Tracker
- Yearly project visit by the Coordinator(Willemijn Simons Rüttimann) and team

ACTIVITIES FOR 2023



PROPOSED WORKPLAN FOR 2023

ACTIVITY	DESCRIPTION	TARGET	FREQUENCY
A2.1 Neuro Muscular Clinic	20 children and their caregivers will attend monthly 3-day workshops for diagnosis, treatment and review of motor disabilities	20 children with motor disabilities and 20 caregivers of children with disabilities in Zaka district	Monthly
A2.2 Support Group Visits	The rehabilitation team will make 2 visits per month to support groups in different wards of Zaka district. The team will also facilitate and support the formation of	24 Support groups visits per year	Monthly

	new support groups		
A2.3 Home Visits	The Rehabilitation team will make monthly home visits to new and old beneficiaries of the project for assessment , diagnosis and home programs	12 children with disabilities are visited in a year	Monthly
A2.4 School Visits	Quarterly School visits in Zaka District for assessments	4 school visits per year	Quarterly
A2.5 Cure Hospital Visits	Children in need of specialized services and operations will visit Cure Hospital in Bulawayo. Bulawayo trips are budgeted for every month for children with disabilities and their caregivers who are unable to travel by public transport due to their conditions	12 visits will be made per year	Monthly
A2.6 Screening of children with disabilities	Quarterly screenings will be done at local clinics were children with disabilities identified by village health workers will be assessed and screened for further management	At least 4 clinic visits will be done for screening of children with disabilities	Quarterly

A2.7 Club foot treatment	Procurement of Paris		Monthly
A2.8 Training of Village Health Workers	Village Health Workers will be trained on identification, referral of children with disabilities, disability inclusion as well as Community Based Rehabilitation	50 VHWS from 5 wards in Zaka District	Yearly
A2.9 Commemoration of International Day of Persons With Disabilities	Community awareness raising of disability issues during IDPD	100 Community members 100 children with disabilities and their caregivers will attend commemorations of IDPD	Yearly
A3.0 Stakeholder Engagement Meetings	Engagement meetings with relevant stakeholders will be held bi-annually for feedback and also to get the buy in of stakeholders for sustainability purposes	19 participants will attend the meetings 15 stakeholder representatives as well as 4 facilitators Stakeholders will be from line ministries e.g., Ministry of Health and Child Care, Ministry of Primary and Secondary Education, Ministry of Public Service, Labor and Social Welfare etc.	Bi annually
A3.1 Production of IEC Material	T shirts and a banner will be procured for visibility.	100 T-shirts 1 banner 2 Stickers	Yearly

	Stickers for branding of project vehicle will also be procured		
TOTAL			