

Annual report 2021









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Colophon

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1.Preface

In 2021 it was possible to visit the project again. Furthermore, 2021 was marked by the increase of home visits, the expansion of the income-generating chicken project, and further development towards independence of the project. Thanks to the large donation by some funds, we have been able to secure our budget until the end of 2022 and into 2023. In chapter 3 'Project 2021' you will find last year's results.

Kufambatose Foundation | Progressing together - has been established with the aim of improving the quality of life and care for children with motor disabilities and their families in the district of Zaka, Zimbabwe. To this end, our project coordinator Willemijn Simons-Rüttimann already set up a project in 2015-2016, which we, the Kufambatose Foundation, have adopted as a whole, in order to be able to perpetuate and expand that project.

Willemijn worked for almost 3 years as a physiotherapist at Musiso Mission Hospital and in collaboration with Ndanga District Hospital, in Zaka District, Masvingo Province, Zimbabwe. She was sent with her partner by Comundo, a Swiss NGO in the field of development cooperation. She now lives and works in Switzerland again.

On March 7, 2018, the Kufambatose Foundation - Samen op pad was founded. We have worked hard to set up a small but powerful organization, in accordance with the rules and standards applicable to foundations. This was successful. We have been granted the ANBI ordination and we meet all conditions to keep it. Our board is stable and competent and is supported by enthusiastic volunteers.

In this annual report you can read what we did in 2021, with what project we were (and still are) active in 2021, what the results are, and how we spent the money received. The financial statements can be found at the back of this annual report. We thank all our donors, our families and friends for the support we have received over the past year.

Board Kufambatose Foundation Anne-Miek Simons, chairman Corita Boons, secretary Monique Luttikhuis, treasurer Willemijn Simons-Rüttiman, project coordinator Marcel Boosten, general board member



2. Organization

Objective

The main goal of the Kufambatose Foundation is to improve the quality of life and care for children with motor disabilities and their families in Zaka District, Zimbabwe, by working with local health care professionals embedded in local organizations and communities.

<u>Vision</u>

The name of the foundation, Kufambatose, which means "Progressing together" in English, has been developed in collaboration and expresses the vision from which the foundation wants to work.

Volunteers from the foundation here and in Switzerland as well as the people on the spot in Zimbabwe (professionals and possible volunteers) and the children with their parents all work together to support children with a motor handicap in the Zaka district and to achieve our goals.

<u>Mission</u>

The ultimate goal is that ongoing projects can be carried out by the local authorities, the healthcare professionals and the local population completely independently. This in order to make external support no longer necessary. Leading in this is the individuality and culture of Zimbabwe. This is the basis to achieve lasting and widely supported results.

Optimal use of the possibilities on site is essential. Increasing knowledge and skills among local healthcare professionals, volunteers, parents / carers of the children and the local population is of utmost importance. With this, they can jointly improve the care and living conditions for children with a motor disability as well as promote the understanding and acceptance within the community. Local networks and contact with local and national authorities are essential in this. In the long term, this care will hopefully be fully funded by these governments or other agencies in Zimbabwe.

<u>Method</u>

The foundation cannot exist, achieve the objectives or initiate facilities if there are no, or insufficient funds available. Raising funds and donations is therefore critical.

The primary aim during this planning period is to gain such awareness among potential donors and subsidizers that a cooperation is established that can create a stronger base for the foundation's objectives. Possibly with commitments and agreements for several years.



In 2021 we managed to acquire the necessary funding via funds and private donations for both the year 2021 and 2022, and partly for 2023.

Board and volunteers

The board consists of five members: a chairman, a treasurer, and secretary, and two general board members. All board members work pro bono for the Foundation. Foundation Kufambatose cooperates with Kufamba Tose Trust, established in Zimbabwe, which carries out the projects and maintains relationships with local authorities.





3. Project 2021

Project Rehabilitation care for children with motor disabilities in Zaka District, Masvingo Province, Zimbabwe.

Problem definition

Children in Zimbabwe with a motor handicap often live with their families in very poor conditions, especially in the rural areas of Zimbabwe. Insight into the underlying cause of the disability is often absent. Knowledge about the development opportunities and rights of these children, such as access to education, is usually lacking.

Moreover, having a disability often comes with a stigma: it is often thought that an evil spirit has taken possession of these children, or that they have been bewitched by one of the ancestors. As a result, mothers are often left alone with the child, or the child is simply left with the grandmother. This makes these children outsiders, isolated from their living and residential communities.

For many of these families with children with disabilities, medical, paramedical and / or social care is not or hardly accessible. The distance to a health centre or a hospital is a major limiting factor, especially if transport costs are involved. Therefore, most of these children have never been seen by a healthcare provider.

Target audience

Children with primary motor disabilities and their parents.

<u>Activities</u>

- Supporting and guiding the monthly three-day workshops and community-based rehabilitation (rehabilitation involving the community) for children with motor disabilities and their caregivers in Zaka District, Zimbabwe. With this a holistic treatment program is offered.
- Support and monitoring of home visits to children with motor disabilities
- Stimulating income-generating projects for the improvement of the economic situation of the families
- Early identification of children at risk of developing disabilities in Zaka District through implementation of the so-called AT-RISK sticker program.
- Training of healthcare professionals on the spot. Organizing and guiding community meetings to increase the knowledge and rights of people with a disability among the local population and care providers.



 The treatment team consists of 4 local professional care providers (Rehab Technicians). Furthermore, VHW (Village Health Workers) and Child Community Workers (CCW) are trained to follow and support families in the home situation and in the communities.

Results - Forms of collaboration in 2021:

In The Netherlands:

- With Wilde Ganzen an agreement was concluded for one year. This generated financial support for 2021, with a possible extension period in 2022.
- Membership of Partin.
 - Partin is a Dutch social branch organization (umbrella organization) which supports the interests of Private Initiatives (PIs) in the field of development cooperation.
 - Through this membership of Partin, we encountered other Private Initiatives and we can further educate ourselves through webinars, regularly organized by Partin, with the aim of continuing to professionalize our foundation Kufambatose.
 - On the Kleine Goede Doelen website, a Partin initiative, a story of our Kufambatose project can be found.
 - Within Partin, we are a member of Platform Zimbabwe (multiple PIs active in Zimbabwe), and we visited a meeting on 16 October 2021, where several new contacts were established.
 - Membership Platform Zimbabwe
 - This Platform aims to connecting Dutch Private Intiatives (Nederlandse Particuliere Initiatieven, PIs) that are active in Zimbabwe. Sharing knowledge and experience is of importance.
- On 6 October 2021, two board members visited the annual Platform Day. Once more there were pleasant meetings and exchanges of experience.
- Contact was maintained with Lilianefonds / MIVA. In 2021, LCDZ (Leonard Cheshire Disablility Zimbabwe) was an SPO (Strategic Partner Organization) of Lilianefonds.
 Ndanga Hospital, where for instance workshops from our project are organized, was again PO (Partner Organization) of LCDZ. The Community Based Rehabitation (CBR) was supported through this.

In Zimbabwe:

- *Trust:* In 2021, further development of the local *Trust Kufamba Tose* was in progress. The board consists of local people. By the end of 2021, contact was established with a Project



Officer, someone that can support the Trust in the administrative field. She is the mother of a child with a handicap, who was forced to move from Zaka District, some years ago. We managed to bring her back to Zaka. In Harare, she gained a lot of experience as an assistant of a parent organization for handicapped children. As of 1 January, she will support Trust Kufamba Tose.

 Contact local project leader: close contact is maintained with the local project coordinator Samson Mazivazvose, via WhatsApp messages, emails and phone calls. Apart from that he sends a monthly progress update. Samson Mazivazvose turned out to be very creative and inventive in finding ways to deal with Corona restrictions and how to work around those restrictions.

Results – Project Activities

In The Netherlands:

- *PR:* In August a newsletter was distributed among interested parties, donors, and potential donors. In December 2021, Christmas greetings with a short info on the project development.
- *Website:* here the annual report and annual accounts were published. Donations come in through the donate button on a regular basis.
- *Facebook:* the Facebook page is maintained. New messages regularly appear.
- Secretary: As of 1 August, our secretary stopped her activities. Her tasks were taken over temporarily by the other board members. Per 1 January 2022 a new secretary has been appointed.

Finance:

 Donations: donations were obtained from some major funds, from private persons and some minor organizations. Hereby the financial cover is guaranteed until the end of 2022.



- With the help of a restricted donation from Lions Club 'Son en Breugel', Cynthia could be fitted with a leg prosthesis. This enables her to walk to school again.



- *Cash in US dollars to Zimbabwe:* In 2021, we transferred money via World Remi on a weekly basis to the local project coordinator Samson Mazivazvose, also for the purpose of covering the project cost. This could be withdrawn in cash, in USD.

In Zimbabwe:

- Two Rehab Technicians of the local team followed a course of Change the Game, a training made possible by Wilde Ganzen. Due to Corona restrictions, the course was followed online. The participants learn how to find local funding, how to write reports and how to contact locals.
- *Visit to the rehabilitation centre Bulawayo* by the local project coordinator.
- Workshops: due to the lock down, workshops at the hospital were only possible on a limited scale. In the end, 10 CP workshops could be held in Musiso Hospital. As in 2021 Ndanga Hospital was equipped to receive COVID patients, no workshops could be held there anymore. In between the lockdown periods, workshops were held in Musiso Hospital.
- House calls: Instead of workshops, house calls were planned. This resulted in a broader view of the home situations, better appearance in the communities and more attention from village and district heads. It was decided that these house calls should be continued in the future, as well as the workshops at the hospital. Transport for these house calls is carried out by means of a motorbike, acquired in 2020.
- *Support groups:* Furthermore, support groups were built. These groups meet as a group at the house of one of the parents, and are regularly visited by the Rehab team. Each group was visited two times at least. In total, eight support groups were set up, seven of which are functioning. In these groups about 48 children were given treatment.
- In six support groups six Village Heads were involved.



- *Clubfoot clinics:* Twelve children with clubfeet were treated, five of whom concluded treatment.
- VHW training day: in the autumn a VHW (Village Health Work) training day was held.
 Subjects were addressed such as information on kinds of handicaps, early detection, and referral of children with various handicaps. Attendance: 25 VHW, 1 counsel, 1 councillor, 1 DMO (district medical officer), 1 DNO (district nurse officer), 1 community nurse, 1 social welfare. A report of this day was drawn up.
- *School visits:* In 2021, schools were closed most of the time again. Therefore, no new children were admitted at schools. Two children in the project were supported by a special need teacher.
- Income generating: as 'give forwards' project chickens and goslings were handed out.
 This was also supported by the CBR program and financed by LDCZ (Leonard Cheshire Disability Zimbabwe).
- Due to illness among the chickens, several of them died. However, good results were achieved, too. One family sold two chickens and a goat from the proceeds.
- World Disability Day: this annual day was proclaimed by the United Nations. On 3
 December 2021, the Trust organized this day in Jerera, in collaboration with LCDZ. It was
 a big meeting. A short play was performed by parents, many adults with a disability were
 present too. The aim was to draw attention to human rights and equal opportunities for
 people with a disability.
- Food parcels were distributed again to all the families in the project. And in October / November, the sowing season in Zimbabwe, a bag of maize seed was handed out, mainly financed from the CBR program, financed by LDCZ (Leonard Cheshire Disability Zimbabwe)

Activities in figures:

- Number of Cp workshops in 2021: 10
- Support groups: 8, 7 of which are functioning momentarily. A total of 48 children. Number of visits: 16, so each group was visited at least twice.
- Clubfoot children 2021: 12, of which 12 concluded at this moment.
- Total number of child contacts in program: 233 (direct beneficiaries)
- VHW training: 25 VHW trained, 1 counsel, 1 councillor, 1 DMO (district medical worker), DNO (district nurse officer), 1 community nurse, 1 social welfare. The report is almost finished.
- Village heads involved: 6 in 6 support groups
- Total number of indirect beneficiaries: 37 + caregivers (233) is 260.



Project visits:

- In July / August 2021, project visits were possible again. We evaluated project developments with the local teams, visited families at their homes and two support groups at someone's place, far away in the bush.
- We registered clear significant *progress in the development of the children*.
 Communication between the rehab Technician and the children and mothers was fine.
 Some lightness was brought with a laugh, in sometimes dire situations.
- We also contacted important local supporters of the project, such as the DMO (District Medical Officer), the Matron of Musiso Hospital, Social Welfare in Jerera, the project officer of LCDZ (Leonard Cheshire Disability Zimbabwe).

A success story:

Cynthia is an 8-year-old girl. Born without arms and with a growth failure at her left leg. After the initial shock, the parents tried to raise her as normally as possible. From the beginning, the parents were well-supported by aid workers, with advice and therapy. The result is that Cynthia can eat independently, write, wash and dress, using her feet.

Initially, people in the community were suspicious of mother Mazviona. She could be bewitched or might have had an extramarital relationship. Fortunately, the father had a positive attitude to the situation, he loved his child. The family live somewhere quite remote. Meanwhile, Cynthia and her family are fully accepted by the community, and everybody is positive about children / people with a disability.

At school age, mother carried Cynthia on her back to school and back. Later Cynthia partly walked independently, but her shorter left leg made this harder and harder.

Partly due to a restricted donation in The Netherlands from Lionsclub 'Son en Breugel', a prosthesis was fitted, so Cynthia can walk longer stretches independently.

Only recently does Cynthia attend a boarding school in Bulawayo, a school for special education. She is in grade 2 now, group 4 in the Dutch school system.

The family participates in the chicken project. From the proceeds the parents can pay part of the school fees. They are also supported financially by bodies in Zimbabwe itself.

Success in several areas:

- Parents have adopted a positive attitude in the education, supported by professionals, made possible by the project of Kufambatose Foundation as well.



- With support of income-generating by means of a chicken project, the parents can pay part of the school fees themselves.
- By the positive attitude of the parents themselves, the attitude of suspicion in the community has grown into their acceptation of children/people with a handicap.

<u>Project costs</u> See *chapter 5. Financial accountability*

4. Public Relations

The Kufambatose Foundation focuses its information activities on all organizations and people interested in the project. Both PR and information are provided via our website and newsletter. The newsletter has been sent to a wide group of interested parties. In 2019, a brochure was developed, which will be handed out and distributed when possible.

5. Financial accountability

<u>Subject</u>: annual financial report 2021

Financial year: 2021 (all amounts in euros)

Assets	В	BALANCE 31-12-2021	Liabilities
Cash	0	Reserve payment guarante	ee 1.502
Bank	86.255	Reserve fees	10.966
		Operating funds	73.787
	86.255		86.255



INCOME STATEMENT

Proceeds	Earmarked Medical devices for		
	Cynthia and VHW		
	trainings	3.045	
	Donations and Gifts	50.313	
			53.358
Costs	Project costs	20.932	
	General costs	4.164	
			25.096
Difference			
between			
proceeds and			
costs			+21.547

General

This is the fourth annual financial report of the foundation and the third for a full financial year: 01-01-2021 / 31-12-2021. As a result, it gives a good indication of the financial progress and the results for 2021.

<u>Income</u>

Revenues in 2021 mainly came in as non-restricted donations from individuals and organizations who support the work of the foundation. These amounted to € 50.313 (2020: € 35.862). In addition, restricted donations (€ 3.045) were received for medical devices, also for Cynthia. In total, € 53.358 in donations was received in 2021 (2020: € 41.401).

Overheads

The foundation spent \in 1.164 on management costs for the foundation. These funds were spent on ICT costs (\notin 540), bank costs (\notin 281), membership Partin (\notin 60) and an amount for all kinds of small costs and exchange differences.



Project costs

These are the expenses (≤ 20.932) for which the Foundation was established: facilitating the implementation of the project (see elsewhere in the annual report and on the website). It was mainly spent on costs for transport, food, and subsidies for the local project staff.

For Deborah Ncube, new project officer / administrator in Zimbabwe per 1 January 2022, €1.148 was invested in a notebook and printer, for her work in 2022. Furthermore, €2.233 was spent on transport costs for the motorbike. Also, in 2021 a project trip was made by two board members. Costs: €3.431.

Total costs

The total costs of the Foundation were: € 25.096

The Foundation closed the year with a positive balance (Available financing - / - Expenses) of € 28.262.

Of this, the Foundation adds € 9.000 to 'Reserve funds', intended for unexpectedly high expenditure or disappointing revenues.

The remaining € 19.262 was added to the financing of the costs in 2022.

To continue the project beyond 2022, the Foundation hopes to find new sponsors and donors after 2021. In addition, we encourage the local authorities and the local population to gradually take over a larger share of the funding. One means of this was to set up a local Trust, de Trust Kufamba Tose. Deborah Ncube will play a supporting role on the spot from 2022 onward.

In this way, the Foundation will create opportunities to start other initiatives, so that the care for people with a disability can become broader and better anchored in the Ndanga district and perhaps beyond.

Balance

as at 31-12-2021 Assets (cash and cash equivalents) = € 86.255; of which, € 10.966 has been designated as a reserve and € 1502 as a guarantee for bank transactions and € 3.045 for resources. Next to that it is mainly intended for foundation and project costs € 50.313 in 2022 and partly for 2023.

The board members do not receive any remuneration for their activities. They do receive a compensation for their expenses. More often than not these expenses are not claimed or



donated as a gift. The expenses for project visits are accounted for under target spent setting (board trips to projects). The foundation does not employ any workers.

6. Looking forward to 2022

Nothing changes in terms of policy. The policy plan that was created at the time of the foundation's establishment will remain in effect and has been updated.

Until the end of 2022, there is sufficient sponsorship money to continue the treatment of the current number of children.

Depending on the Covid-situation in Zimbabwe we will continue the home treatments and treatments in the small support groups. As soon as the situation has improved the aim will be to restart the workshops in both the hospitals. However, the home visits and support groups will be continued. They proved to be very successful.

Also, in 2022 we will try again to offer a VHW training day.

We will be looking for new sponsors / funds for 2022 and beyond.

The collaboration with Wilde Ganzen will be investigated further.

As from 1 January onwards, Project Officer / administrator Deborah Ncube will start supporting Trust Kufamba Tose in Zimbabwe. This will enable further development to professionality.

Next to this, attention goes to:

- Developing own / independent (financial) options in Zimbabwe
- Cooperation with Lilianefonds and MIVA will be continued.
- A new application has been submitted for support of the Community Based Rehabilitation by trust Kufamba Tose. This will run through the SPO (Strategic Partner Organization) of the Liliane Fonds in Zimbabwe named the LCDZ (Leonard Cheshire Disability Zimbabwe).
- Repeating the workshop for fathers
- Training of the Rehabilitation staff
- Continue research into the possibilities of a Rehab Village. This should be a location where workshops can take place, where parents, VHWs and other people can be



informed, with a customized playground for disabled children, a place where parents / peers can meet, a place that may offer the possibility for a vegetable garden, etc.

- Exploring options for getting US dollars into Zimbabwe through a new Nostra Account of the Trust Kufamba Tose.
- Publishing a newsletter with current information, twice.

A project visit is scheduled for March 2022.