

## Annual report 2020



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### Colophon

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## 1. Preface

Kufambatose Foundation | Progressing together - has been established with the aim of improving the quality of life and care for children with motor disabilities and their families in the district of Zaka, Zimbabwe.

To this end, our project coordinator Willemijn Simons-Rüttimann has already set up a project in 2015-2016, which we as the Kufambatose Foundation have adopted as a whole, in order to be able to perpetuate and expand that project.

Willemijn worked for almost 3 years as a physiotherapist at Musiso Mission Hospital and in collaboration with Ndanga District Hospital, in Zaka District, Masvingo Province, Zimbabwe. She was sent with her partner by Comundo, a Swiss NGO in the field of development cooperation. She now lives and works in Switzerland again.

On March 7, 2018, the Kufambatose Foundation - Samen op pad was founded. We have worked hard to set up a small but powerful organization, in accordance with the rules and standards applicable to foundations. This was successful. We have been granted the ANBI ordination and meet all conditions to keep it. Our board is stable and competent and is supported by enthusiastic volunteers.

In this annual report you can read what we did in 2020, with what project we were (and still are) active in 2020, what the results are, and how we spent the money received. The financial statements can be found at the back of this annual report.

We thank all our donors, our family and friends for the support we have received over the past year.

Board Kufambatose Foundation

Anne-Miek Simons, chairman

Judith de Greef, secretary

Monique Luttkhuis, treasurer

Willemijn Simons-Rüttiman, project coordinator

Marcel Boosten, general board member

## 2. Organisation

### Objective

The main goal of the Kufambatose Foundation is to improve the quality of life and care for children with motor disabilities and their families in Zaka District, Zimbabwe, by working with local health care professionals embedded in local organizations and communities.

### Vision

The name of the foundation, Kufambatose, which means “Progressing together” in English, has been developed in collaboration and expresses the vision from which the foundation wants to work.

Volunteers from the foundation here and in Switzerland as well as the people on the spot in Zimbabwe (professionals and possible volunteers) and the children with their parents all work together to support children with a motor handicap in the Zaka district and to achieve our goals.

The ultimate goal is that ongoing projects can be carried out by the local authorities, the healthcare professionals and the local population completely independently. This in order to make external support no longer necessary.

Leading in this is the individuality and culture of Zimbabwe. This is the basis to achieve lasting and widely supported results.

Optimal use of the possibilities on site is essential. Increasing knowledge and skills among local healthcare professionals, volunteers, parents / carers of the children and the local population is of the utmost importance. With this, they can jointly improve the care and living conditions for children with a motor disability as well as promote the understanding and acceptance within the community.

Local networks and contact with local and national authorities are essential in this. In the long term, this care will hopefully be fully funded by these governments or other agencies in Zimbabwe.

### Method

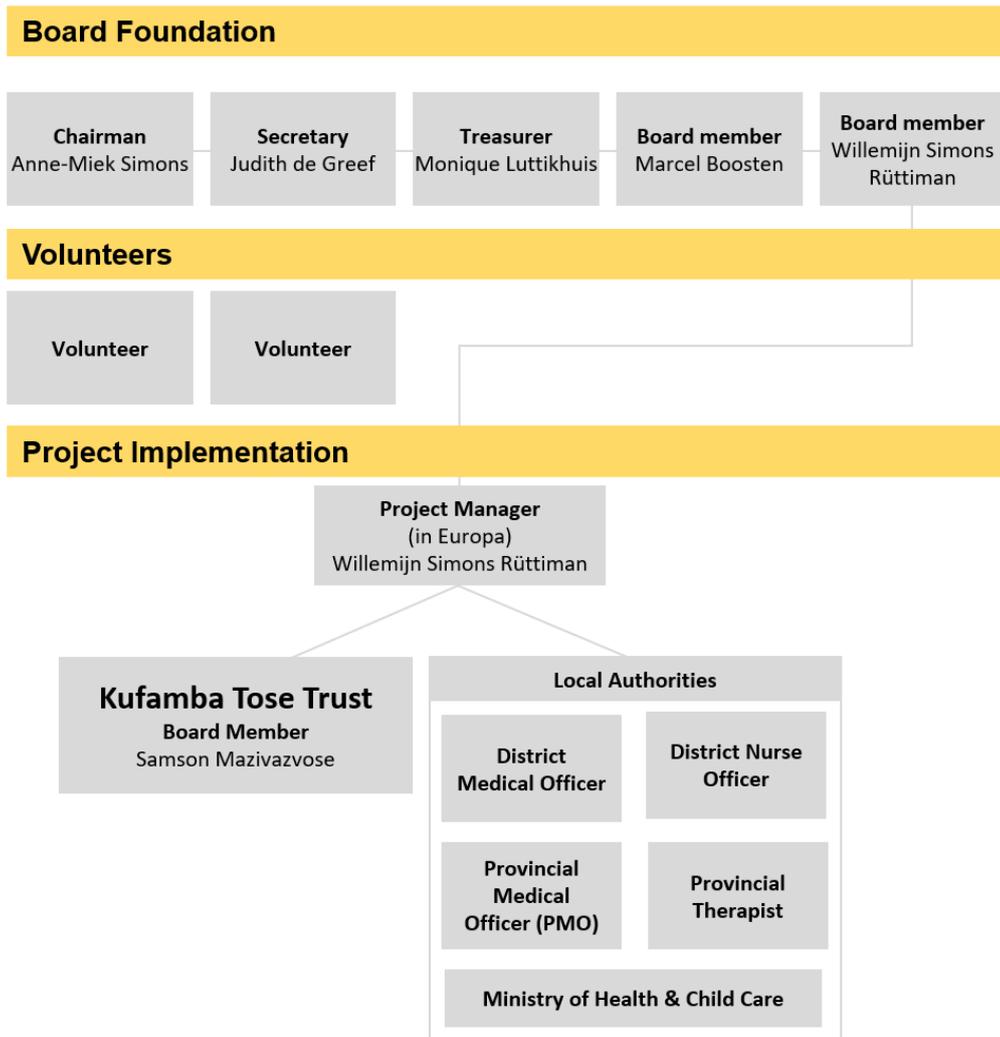
The foundation cannot exist, achieve the objectives or initiate facilities if there are no, or insufficient funds available. Raising funds and donations is therefore critical.

The primary aim during this planning period is to gain such awareness among potential donors and subsidizers that a cooperation is established that can create a stronger base for the foundation’s objectives. Possibly with commitments and agreements for several years.

In 2020 we managed to acquire the necessary funding via funds and private donations for both the year 2020 and partly for 2021.

Board and volunteers

The board consists of five members: a chairman, treasurer and secretary, and two general board members.



### 3. Project 2020

**Project**            **Rehabilitation care for children with motor disabilities in Zaka District, Masvingo Province, Zimbabwe.**

#### Problem definition

Children in Zimbabwe with a motor handicap often live with their families in very poor conditions. Especially in the rural areas of Zimbabwe. Insight into the underlying cause of the disability is often absent. Knowledge about the development opportunities and rights of these children, such as access to education, is usually lacking.

Moreover, having a disability often comes with a stigma: it is often thought that an evil spirit has taken possession of these children, or that they have been bewitched by one of the ancestors. As a result, mothers are often left alone with the child, or the child is simply left with the grandmother. This makes these children outsiders, isolated from their living and residential communities.

For many of these families with children with disabilities, medical, paramedical and / or social care is not or hardly accessible. The distance to a health centre or a hospital is a major limiting factor, especially if transport costs are involved. Therefore, the majority of these children have never been seen by a healthcare provider.

#### Target audience

Children with primary motor disabilities and their parents.

#### Activities

- Supporting and guiding the monthly three-day workshops and community-based rehabilitation (rehabilitation involving the community) for children with motor disabilities and their caregivers in the Zaka district, Zimbabwe. With this a holistic treatment program is offered.
- Early identification of children at risk of developing disabilities in Zaka District through implementation of the so-called AT-RISK sticker program.
- Training of healthcare professionals on the spot. Supporting and guiding the organization of community meetings in order to increase the knowledge and understanding of disabilities among the local population and care providers.
- The treatment team consists of 4 local professional care providers (Rehab Technicians). Furthermore, VHW (Village Health Workers) are trained to follow and support families in the home situation and in the communities.

## Results

- Forms of collaboration in 2020:
  - In 2020, Ndanga Hospital was for our project a partner organization (PO) of the Leonard Cheshire Disability Zimbabwe (LCDZ), a strategic partner organization (SPO) of the Lilianefonds. The Community Based Rehabilitation (CBR) was supported through this.
  - Contacts with Wilde Ganzen, aimed at a 2-year collaboration were continued, which will be further developed in 2021.
  - We became a member of Partin.
    - Partin is a Dutch social branch organization (umbrella organization) which supports the interests of Private Initiatives (PIs) in the field of development cooperation.
    - Through this membership of Partin, we encountered other Private Initiatives and we can further educate ourselves through webinars regularly organized by Partin with the aim of continuing to professionalize our foundation Kufambatose.
    - On the Kleine Goede Doelen website, a Partin initiative, a story of our Kufambatose project can be found.
    - Within Partin, we are a member of Platform Zimbabwe (multiple PIs active in Zimbabwe) and we visited a meeting on 7 March 2020, where several new contacts were established.
  - In 2020 a trust named Kufamba Tose Trust was successfully registered in Zimbabwe. This trust is governed by local people. A Memorandum of Understanding was signed between Kufamba Tose Trust and Zaka Rural District Council. It involves an agreement with local authorities through which the trust can operate individually in Zaka District Zimbabwe. This means considerable progress and it is a significant step toward more independence for our project.
- With the help of some earmarked donations and the collaboration with Leonard Cheshire Disability Zimbabwe (LCDZ), Lilianefonds and MIVA, a motorbike was purchased which enables us to visit families who live in such remote and difficult to reach areas, that they cannot be reached by car. Moreover, an extra benefit of the motorbike was that children's families could be visited at their homes, since it was not possible for the children to come to the hospital due to the Corona measures.
- A planned project visit in 2020 could not take place due to Corona restrictions. We did remain in close contact with the local project coordinator Samson Mazivazvose, via Whatsapp messages, emails and phone calls. Apart from that he sends a monthly progress update. Samson Mazivazvose turned out to be very creative and inventive in finding ways to deal with Corona restrictions and how to work around those restrictions.

- In the first few months of 2020, before Corona restrictions came into effect, three groups (all three amounted to about 60-70 children) were run and the children were seen once per 2 months. There is a request to start a fourth group, but currently there are no guaranteed stable means to finance this.
- In spring it was no longer possible for children and parents to get to the hospital for the workshops. Our local project coordinator Samson Mazivavose started to make house visits. An accompanying advantage was that he could well assess the home situation so he could adapt the therapy and further coaching to their home situation. Later it was possible to gather 4 small support groups at a family's home. In the final part of the year a few workshops were possible. Apart from that, people who were unable to join the workshops, were visited at home. This way all children could be seen regularly and they received treatment.
- Within the project food parcels were distributed. With the addition of a single bag of corn seed in October/November, which is the sowing season in Zimbabwe.
- In 2020, schools were closed most of the time. Therefore no new children were admitted to schools.
- Cash money in US dollar currency to Zimbabwe; in 2020 money was transferred monthly to Zimbabwe via World Remit, which could be taken out in cash in USD.
- Donations were obtained from some bigger funds, private donors and some smaller organizations. Consequently, financial coverage can be guaranteed until the end of 2021.
- Public Relations:
  - In August, a newsletter in Dutch, English and German was distributed among interested people, donors and potential donors. In December 2020 Christmas wishes with a short update of the project were sent.
  - A donate button was added to the website
  - A Facebook page was set up.
- As from 1 December there has been a change of treasurer. Jacques Cloin has passed on his position to Monique Luttikhuis. Jacques Cloin has set up a good bookkeeping system via which the bookkeeping, budgets, overview of budget and actual expenditure, an overview of the flow of project money can easily be traced. Our new treasurer can take over the bookkeeping in favourable circumstances.
- In 2020 a new volunteer, Corita Boons, has reinforced our foundation. This was a result of a special encounter on the Zimbabwe Platform day we joined. Corita was active as a physiotherapist in the same part of Zimbabwe around 1990-1994, within a comparable programme.

#### Project costs

See *chapter 5. Financial accountability*

## 4. Public Relations

The Kufambatose Foundation focuses its information activities on all organizations and people interested in the project. Both PR and information is provided via our website and newsletter. The newsletter has been sent to a wide group of interested parties. In 2019, a brochure was developed which will be handed out and distributed when possible.

## 5. Financial accountability

**Subject:** Annual financial report 2020

**Financial year:** 2020. (all amounts in euro's)

Assets		BALANCE 31-12-2020	Liabilities
Cash	0	Reserve payment guarantee	1.502
Bank	56.154	Reserve fees	8.000
		Operating funds	46.652
	<u>56.154</u>		<u>56.154</u>

### INCOME STATEMENT

Proceeds	Earmarked		
	Donations motorbike	5.539	
	Donations and Gifts	35.862	
		-----	41.401
Costs	Projectcosts	16.098	
	General costs	3.756	
		-----	19.854
<b>Difference between proceeds and costs</b>			<b>+21.547</b>

## **General**

This is the third annual financial report of the foundation and the second for a full financial year: 01-01-2020 / 31-12-2020. As a result, it gives a good indication of the financial progress and the result for 2020.

## **Income**

Revenues in 2020 mainly came in as donations and gifts from individuals and organizations who support the work of the foundation. These amounted to € 35.862 (2019: € 8.761). In addition, earmarked donations (€ 5.539) were received for the purchase, the maintenance and fuel costs of a motorbike for Samson Mazivavvose, the local project coordinator.

In total, € 41.401 in donations was received in 2020 (2019: € 17.154).

## **Overheads**

The foundation has spent € 756 on management costs for the foundation. These funds were spent on ICT costs (€ 243), bank costs (€ 273), printed matter (€ 119) , membership Partin (€ 60) and an amount for all kinds of small costs and exchange differences.

## **Project costs**

These are the expenses (€ 16.098) for which the Foundation was established: facilitating the implementation of the project (see elsewhere in the annual report and on the website). It was mainly spent on costs for transport, food and subsidies for the local project staff.

The purchase of a motorbike for Samson Mazivavvose, the local project coordinator amounted to € 422. With this motorbike he can visit families within the district to offer help and support to children with a handicap and their parents on site. Due to the Corona pandemic the project was not visited by members of the foundation.

## **Total costs**

The total costs of the Foundation were: € 19.854

The Foundation closed the year with a positive balance (Available financing - / - Expenses) of € 21.547.

Of this, the Foundation adds € 3.000 to 'Reserve funds', intended for unexpectedly high expenditure or disappointing revenues.

The remaining € 18.816 was added to the financing of the costs in 2021 and 2022.

To continue the project beyond 2021, the Foundation hopes to find new sponsors and donors after 2021. In addition, we encourage the local authorities and the local population to gradually take over a larger share of the funding. One means of this was to set up a local Trust, “the Kufamba Tose Trust”, which was successfully registered in 2020. This will be supported by “de Wilde Ganzen”.

In this way, the Foundation will create opportunities to start other initiatives, so that the care for people with a disability can become broader and better anchored in the Ndanga district and perhaps beyond. If sufficient funding is available in the long term, it is possible that a 4th group of disabled children can start with the workshops.

### **Balance**

as at 31-12-2020 Assets (cash and cash equivalents) = € 56.154; of which, € 8.000 has been designated as a reserve and € 1.502 as a guarantee for bank transactions and € 5.097 for maintenance and fuel costs of the motorbike. Next to that it is mainly intended for foundation- and project costs € 35.968 in 2021 and partly for 2022.

## 6. Looking forward to 2021

Nothing changes in terms of policy. The policy plan that was created at the time of the foundation's establishment will remain in effect but will be updated.

Until the end of 2021, there is sufficient sponsorship money to continue the treatment of the current number of children. Depending on the Covid-situation in Zimbabwe we will first continue the home visits and treatments in the small local support groups. As soon as the situation has improved the aim will be to restart the workshops in both the district hospitals. Also, the organisation of a VHW training day depends on the Covid-situation in Zimbabwe. We will be looking for new sponsors / funds for 2022 and beyond. The collaboration with Wilde Ganzen will be investigated further.

Next to this, attention goes to:

- Developing own / independent (financial) options in Zimbabwe
- Cooperation with Lilianefonds and MIVA will be continued. A new application has been submitted for support of the Community Based Rehabilitation by trust Kufamba Tose. This will run through the SPO (Strategic Partner Organization) of the Liliane Fonds in Zimbabwe named the LCDZ (Leonard Cheshire Disability Zimbabwe).
- Repeating the workshop for fathers
- Training of the Rehabilitation staff
- Continue research into the possibilities of a Rehab Village.
- Research into possibilities for continuation of a realistic Income Generating Project
- Exploring options for getting US dollars into Zimbabwe through a new Nostra Account of the Trust Kufamba Tose.
- Publishing a newsletter with current information, twice.

A project visit is scheduled for July 2021, of course depending on the Covid situation.